



Dr. Jackman's Bio

Charmain F. Jackman, Ph.D., is a Harvard-trained, licensed psychologist with over 23 years in the mental health field. Dr. Jackman is the founder + CEO of *InnoPsych, Inc.*, an organization on a mission to change the face of therapy and to promote wellness & healing for people of color. *InnoPsych, Inc.*, is an award-winning organization focused on increasing access to therapy through its online therapist of color directory and emotional wellness programming. As a change-maker, Dr. Jackman is passionate about the intersection of psychology, mental health, and diversity, equity, and inclusion and has created social impact initiatives that support community members and mental health professionals. She has used her expertise to shape how organizations respond to and support their employees during the COVID-19 and racial violence crises. Dr. Jackman is also the recipient of the *2020 American Psychological Association's PLC Diversity Award*. Dr. Jackman LOVES talking about mental health and is a national spokesperson for mental health. She has also and featured in both print and TV media outlets locally and nationally. Learn more: www.InnoPsych.com | www.DrCharmainJackman.com. Follow: @InnoPsych | @AskDrCharmain

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